

Newsletter

July 14, 2023



ILC 2023 CONFERENCE WRAP UP

“Care is the new cure, care is cool, care is core, care is the future”.

These were the catchphrases from the overwhelmingly successful 2023 ILC conference in Portland Maine, USA. Attended by over 200 delegates from 13 countries, the energy and sense of purpose in the room was palpable.

Attendee feedback was overwhelmingly positive and there was support for both evolution and revolution in care.

It is clear that we are on a path towards enabling health and care systems around the world to evolve into systems that can understand and implement fundamental care.

After each conference, the ILC works on putting together a collective statement. This year 'The Maine Statement' will capture the major themes from the conference.

The newly formed Strategy & Policy Forum will be working on the Maine Statement, but in the meantime, you can read our previous statements from past conferences below:

[Aalborg Statement](#)

[Oxford Statement](#)

The 2024 ILC Annual Conference will be held in Oxford, UK. To be the first to hear about the conference, please sign up [here](#).

If you couldn't attend the conference, you can purchase access to the conference recordings [here](#).

VOLUME 13

ILC 2023 Conference

Two Days
In Portland, Maine

152
Attendees In-person

56
Virtual Attendees

13
Countries Represented

33
Presentations





2023 ILC Conference Summary

Summary by ILC Member Professor Tiffany Conroy

The 2023 Annual International Conference illustrated how fundamental care is a global issue and the presenters showed how we can think globally and act locally. The conference also highlighted the multidisciplinary nature of fundamental care and the importance of a common commitment to care.

Opportunities to leverage organisational motives to commit to fundamental care were explored and included accreditation and links with quality and safety. Another key aspect of fundamental care identified at the conference was self-care, and attendees were challenged to consider how they can support each other.

There was strong agreement that Interpersonal care is not optional, and that the relationship is core to care. It was identified that the so-called 'little things' actually make a big difference. Patients do not leave thinking, "Oh, it was so good that I got my medication on time". They say "Somebody was kind to me", "Somebody listened to me", "Somebody comforted me when I was frightened". These are not 'little things' and demonstrate how a change of mindset is needed about what matters in healthcare.

A change from the biomedical model of care is required. The fundamentals of care provide us with the alternative.

Evolving our health and care systems so that they can understand and implement fundamental care will bring benefits that align with the global workforce, morale and finance agendas.

Care professionals are claiming the mandate, the autonomy, the authority and the accountability to drive evolutionary and revolutionary change.

Change can be achieved through collaboration across disciplines, across countries and across systems.

These key messages will be encapsulated in the "Maine Statement" to be published by the end of 2023.



CONFERENCE POSTER COMPETITION WINNERS

Congratulations to the winners of the poster competition held at the conference.

The winning poster was titled 'Applying the Fundamentals of Care (FoC Preliminary Codes/Sub-Themes) Framework to Baccalaureate Nursing Education in Clinical Practice' by Melissa Vanmeter MSN, RN, CNL, CMSRN & Lynne Keller MSN, RN, CNRNn

Melissa and Lynne are both from Maine Medical Centre, they are pictured here with Dr Devin Carr.



CONFERENCE SCHOLARSHIPS RECIPIENTS

Our three scholarship winners, Krystle Waltrovitz (Australia), Mitzi Shapera (Canada) & Birgitte Lerbaek (Denmark), were selected for their potential to contribute to their organisations' efforts in Fundamentals of Care once they had experienced the conference, and in the case of Dr Lerbaek, the Leadership Program.

The scholarship winners will write for our next newsletter about the experience of attending the conference and how they intend to apply what they have learned. The goal of our ILC Conference Scholarships is to support emerging leaders in Fundamentals of Care to access the global network of colleagues and to discuss their work, their ideas and to facilitate collaboration and growth in confidence as a care professional, educator, policy-maker or researcher. Scholarships for the 2024 conference and Leadership Program in the UK will be advertised in early 2024.



ILC FoC LEADERSHIP PROGRAM PORTLAND, MAINE

After the wrap up of the 2023 Conference, the ILC held a Fundamentals of Care Leadership Program in Portland, Maine USA.

There were 30 participants in this years program with a strong representation from MaineHealth. The feedback from participants shows us that people felt supported and enthused to take on leadership roles within their organisation to improve Fundamentals of Care.

The ILC's FoC Leadership Program aims to empower current and emerging nursing and healthcare leaders in research, education, practice, or policy to challenge and change how fundamental care is prioritised and actioned within healthcare systems globally.

Participants in the Fundamentals of Care Leadership Program gain:

- unprecedented access to global experts in fundamentals of care
- networking opportunities for sharing of ideas and best practice
- a better understanding of competing priorities in different contexts and strategies to overcome these
- ideas and skills to increase awareness, recognition, and commitment to fundamentals of care
- a shared understanding of fundamentals of care
- effective strategies to influence and lead for change
- national and international connections for collaboration that have real impact
- a toolkit to help jumpstart change



30 October - 1 November 2023
FOC LEADERSHIP PROGRAM AUSTRALIA
Adelaide, South Australia

We are pleased to announce that we are hosting a [Fundamentals of Care Leadership Program](#) from 30 October - 1 November 2023 in Adelaide, Australia.
Register now to secure you place in the program.



INTRODUCING THE ILC MANAGEMENT COMMITTEE

The first Annual General Meeting of the newly incorporated ILC was held on the 13th of June in Portland, Maine.

The ILC Inc. Management Committee was elected at the AGM. Members on the management committee's role is to provides governance, management, accountability and oversight of the operations of the ILC according to the Constitution of the Association.

The newly elected Management Committee consists of the below members:

- Devin Carr (US)
- Tiffany Conroy (Australia)
- Gabriella Golea (Canada)
- Getty Huisman de Waal (Netherlands)
- Lianne Jeffs (Canada)
- Alison Kitson (Australia)
- Asa Muntlin (Sweden)
- Jenny Parr (NZ)
- Karleen Thornton (Australia)

Find out more about our management committee [here](#).

ILC FOUNDING PARTNERS

