

Newsletter

October 10, 2023



2024 ILC ANNUAL INTERNATIONAL CONFERENCE EMPOWERING CARE EXCELLENCE

📅 7 - 8 June, 2024

📍 Saïd Business School, Oxford, UK

The theme of the ILC 2024 Annual International Conference is **Empowering Care Excellence: Embedding Fundamental Care in Practice, Education, Research & Policy**.

Care professionals are hungry for the opportunity to claim back their central role in delivering fundamental care. Nurses, allied health professionals, midwives and care workers are reclaiming the care agenda in order to see fundamental care coming back to being the priority in all care activity, with the person being cared for at the centre.

The 2024 ILC Annual International Conference will be held in Oxford, UK. Tickets will go on sale at the start of November. To be the first to hear about the conference, please sign up [here](#).

If you weren't able to attend the 2023 conference in Portland Maine, you can purchase access to the conference recordings [here](#).

Key Dates

30 Oct - 1 Nov
Australian FoC
Leadership Program

November
Conference Earlybird
Tickets on Sale

21 November
European Regional
Network Meeting

22 November
Asia Pacific Regional
Network Meeting

30 November
Abstract & Scholarship
Applications Close

13 December
Americas Regional
Network Meeting

TICKETS ON
SALE IN
NOVEMBER



www.ilccare.org

OCTOBER 10, 2023

VOLUME 15

2024 ILC CONFERENCE ABSTRACTS

We invite all clinicians, researchers, educators, and policy makers to submit their abstracts for presentation at the ILC Annual International Conference.

This is your chance to showcase your work embedding fundamental care into practice, education, research or policy. Share your insights, and contribute to the vibrant discussions that will take place during the conference.

KEY DATES

SEPTEMBER 2023: Abstract Submissions open
30 NOVEMBER 2023: Abstract Submissions close
15 DECEMBER 2023: Authors notified of Submission outcome
26 JANUARY 2024: Presenters to confirm acceptance
29 FEBRUARY 2024: Final date for presenter registrations

For more information please review the [ILC 2024 Conference Abstract Submission Guidelines](#) and [submit your abstract via the ILC website](#) by November 30, 2023.



CONFERENCE TRAVEL SCHOLARSHIPS



Applications are open for travel scholarships to help emerging leaders in fundamental care attend this year's ILC Conference and the Fundamental Care Leadership Program in Oxford, UK.

Six scholarships are available for 2024. There are two scholarships for each of the three ILC Regional Networks to allocate. Each Regional Network will support one Conference Scholarship and one combined Conference/Leadership Program scholarship.

Conference Scholarship

The Scholarship value is capped at a total value of \$AUD2,400 which consists of up to \$AUD1,750 towards travel and accommodation for the 2024 ILC Annual International Conference and a free Conference ticket.

Conference & Leadership Program Scholarship

The Scholarship value is capped at a total value of \$AUD5,500 which consists of up to \$3,500 towards travel and accommodation to attend the 2024 ILC Annual International Conference & Leadership Program in Oxford and a free ticket for both events.

Apply for your chance to join international leaders as they share experiences, insights and their passion for fundamental care.

Nominations close 30th November, 2023.

The scholarship application form can be found [here](#).



Reflections on the 2023 Conference

Testimonials from our 2023 Scholarship Recipients

In 2023 the ILC offered 3 scholarships to emerging leaders in order to help them attend the Conference in Portland, Maine, USA. Below are their reflections on their time at the conference and leadership program.

You can read their full testimonials [here](#).

Birgitte Lerbæk - Denmark

The ILC conference is special because it represents an opportunity to dive into current trends within research focused on Fundamentals of Care and provides network opportunities that reaches across countries and continents. In addition, the participation and contributions from Alison Kitson and the members of the ILC Steering Committee is very giving and inspiring and really makes their expertise accessible to conference participants. [More](#)

Mitzi Shapera - Canada

From the moment I stepped into the conference venue, I was immediately struck by the vibrant atmosphere of knowledge and camaraderie. Meeting so many like-minded individuals, each driven by a passion for enhancing their field of care, was an enriching experience beyond words. The diversity of perspectives and backgrounds represented there was a testament to the universal importance of compassionate and effective care across all walks of life. [More](#)

Krystle Waltrovitz - Australia

What an amazing experience the 2023 ILC Conference was! I was lucky enough to be awarded a scholarship by the ILC to be able to attend my first international conference. I had submitted an abstract for presentation at the conference and was only able to go in person due to the support of the scholarship. I had never presented at a conference before and this was a fantastic opportunity for my professional development as a nursing lecturer and current PhD student. [More](#)

AUSTRALIAN FUNDAMENTAL CARE LEADERSHIP PROGRAM

There are limited places still available in our upcoming FoC Leadership Program being held in Adelaide, Australia from 30 October - 1st November 2023.

The program is highly practical in nature, and is not only about equipping people with the skills, knowledge and understanding of Fundamental Care, but also providing practical tools to use going forward.

The Adelaide program is sponsored by Flinders University, a Founding Partner of the ILC. Academic staff from the College of Nursing and Health Sciences have invited partners and colleagues across South Australia to participate. A strong New Zealand contingent will also join the program.

Register for the 2023 FoC Leadership Program [here](#).



Codesigning a Nursing Leadership Program to Transform Value and Delivery Systems for Fundamental Care

Article by Rebecca Feo, Susanne Pearce, Alison Kitson, and Tiffany Conroy

Fundamental care is often considered the foundation of nursing practice, underpinning seminal nursing theories as well as frameworks and guidelines for care delivery.

Despite the centrality of fundamental care to nursing practice and care outcomes, internationally, care recipients report negative experiences of this care.

To support nursing leaders in changing deeply entrenched organisational cultures and value systems on fundamental care, they must have the knowledge and skills to advocate for this care in a politically informed way and to foster sustainable change.

The International Learning Collaborative (ILC) is supporting nursing leaders to develop the skills required to affect real systems change for fundamental care.

This article outlines the collaborative codesign process undertaken to develop the leadership program and considers how this program might be sustained into the future. [Read more here.](#)

ILC Member Articles – Member Only

Bedside nurses' perspective on the Fundamentals of Care framework and its application in clinical practice

Article by Åsa Muntlin, Eva Jangland, Brit Laugesen, Siri Lygum Voldbjerg, Lena Gunningberg, Kathleen Greenway, Clair Merriman, Mette Grønkjær, Maud Heinen, Getty Huisman-de Waal

A changing nursing workforce and an increase in demands for care together with more complex care, raise arguments that leading and guiding nursing practice is more challenging than ever. Therefore, nurses need to have a shared agenda and a common language to show the importance of nursing care and the consequences of not addressing this in an appropriate way. In response to this the Fundamentals of Care framework was developed to also contribute to the delivery of person-centred care in an integrated way. However, to gain acceptance and applicability we need to ensure the framework's relevance to clinical practice from bedside nurses' perspectives.

[Full Article Here](#)

Translation and cultural adaptation of the fundamentals of care framework: Are we there yet?

Article by Asa Muntlin & Eva Jangland

This paper aims to explore and describe the translation and cultural adaptation of the Fundamentals of Care framework to a Swedish context, and highlight the need for a translated version.

[Full Article Here](#)

Spanish adaptation of the Fundamentals of Care Framework: White paper in Spanish and English

Article by Dr Maria Alejandra Pinero de Plaza & Professor Alison Kitson.

A Fundamental care combines the needs of the person being cared for with the caregiver's actions. The approach is not just about addressing an individual's physical needs but about understanding and addressing the psychosocial and relational needs of the person receiving care while providing support, generating trust, and associated appropriate actions and behaviours. It is a relationship process that takes place within the framework of an organisation with solid policies and systems that place the person at the centre of attention while enabling workers' job satisfaction. These fundamental needs are only met through a positive and trusting relationship with the care recipient, including their family and everyone involved.

[Full Article Here](#)

30 October – 1 November 2023
FOC LEADERSHIP PROGRAM AUSTRALIA
Adelaide, South Australia

ILC Organisational Membership

The ILC has a focus on collaboration, and the implementation of Fundamental Care as a priority at an organisational level.

ILC membership demonstrates an organisation's ability to recognise and respond to the imperative need for the Fundamental Care to be expedited globally.

Thank you to our newest organisational members:

**Uppsala University Hospital
(Founding Member)
Sweden**

**Gold Coast Hospital
Australia**

**Essex Partnership University
NHS Foundation Trust
England**

The ILC's member organisations receive international recognition as an innovator in the Fundamentals of Care community.

Interested in engaging your care teams in the global effort to improve quality of care? Contact admin@ilccare.org





UPDATE FROM THE ILC MANAGEMENT COMMITTEE

The ILC Inc. Management Committee's role is to lead governance and management for the incorporated association. They are ultimately accountable for the operations of the ILC according to the Constitution of the Association.

At the most recent meetings the Management Committee has:

- Elected their office bearers for the next two years:
 - Alison Kitson is Chairperson of the ILC
 - Devin Carr is Secretary
 - Tiffany Conroy is Treasurer
 - Committee Members are: Getty Huisman de-Waal, Gabriella Golea, Lianne Jeffs, Asa Muntlin, Jenny Parr, Karleen Thornton
- Set the framework and discussed goals and strategies for the 2023-27 ILC Strategic Plan, noting that members of the Strategy & Policy Forum were consulted on their priorities and aspirations for the ILC
- Agreed on ticket prices for the June 2024 ILC International Conference and Leadership Program in Oxford, UK
- Confirmed scholarship conditions
- Reviewed activities of the Regional Networks
- Planned a membership drive in Australia to grow organisational membership and reviewed new or possible organisational memberships across other regions

Find out more about our management committee members [here](#).

ILC FOUNDING PARTNERS

