

# Newsletter

December 2023



### MESSAGE FROM THE ILC CHAIRPERSON PROFESSOR ALISON KITSON

It has been a momentous year for the ILC in 2023. We completed our first full year of independent operation after being officially incorporated as an association in late November 2022. I would like to express my gratitude to Flinders University who hosted the ILC for five years up to the beginning of 2023, managing all the finances and providing other administrative support.

This year the ILC held a successful conference in Portland, Maine USA, with a wonderful host, one of our Founding Partners, Maine Medical Center. We were pleased to have 152 people in person and another 56 on-line for the conference. The feedback was positive and gave us ideas for improvements in the program. I cannot thank Maine Medical Center's Dr Devin Carr and his assistant Rosa Lapin, enough. They hosted a well-attended and productive conference and Leadership Program with a large contingent from Maine Medical Center, a good representation of Canadian and European colleagues, and the intrepid Aussie and Kiwi ILC Members who made the big trek across the Pacific Ocean.

The Fundamentals of Care Leadership Program was held straight after the Conference with 30 participants. Once again, a great cohort of Maine Medical Center attended, and it was fantastic to see almost the entire leadership of a major hospital all discussing fundamental care and how they can transform the way they deliver care to their patients. There are some very exciting projects underway with mentors across the ILC global community providing wise advice and feedback.

Read the full message here.

#### VOLUME 16

# 2023 Achievements

### 152 Conference Attendees 56 Virtual Attendees

96 Leadership Program Participants to date

806 ILC Members

#### 12

Organisations on board as ILC Organisation Members

Fundamentals of Care Framework translated into 7 languages

12 Regional Network Meetings

Research Special Interest Group Formed

VOLUME 16

DECEMBER, 2023



- 7 8 June, 2024
  Saïd Business School, Oxford, UK
- www.ilccare.org

The theme of the ILC 2024 Annual International Conference is **Empowering Care Excellence: Embedding Fundamental Care in Practice, Education, Research & Policy**.

We welcome all care professionals to attend and join others in claiming back their central role in delivering fundamental care. Nurses, allied health professionals, midwives and care workers will hear from colleagues who are prioritising fundamental care in education, care settings, research and policy, putting the person being cared for at the centre.

The call for Abstracts has now closed, and successful Abstract authors have been contacted. We received over 100 Abstracts from all over the world. The Scientific Committee were impressed with the range and quality of Abstracts and we look forward to a stimulating conference. Keynote speakers will be announced in January.

Join us in Oxford! Earlybird tickets are <u>on sale now</u>.







# **Fundamentals of Care**

# Leadership Program

INTENSIVE WORKSHOP OXFORD, UK 10 - 12 JUNE, 2024

Start your 12-month leadership and mentoring program with international experts in fundamental care.

The ILC's Fundamentals of Care Leadership Program begins with an intensive 3-day workshop, followed by 12 months of mentoring. The program will empower you to challenge and change how fundamentals of care is valued, prioritised, and actioned within your organisation.

The program will give participants the opportunity to meet and work with a selection of the international ILC Fundamentals of Care Leadership Program Faculty attending Oxford for the event.

## Tickets on sale now

## ANNOUNCING THE ILC ERIK SORENSEN FOUNDATION FELLOWSHIP PROGRAM

The ILC Management Committee recently endorsed the development of an ILC Fundamentals of Care Fellowship Program. As a key initiative for the next five years, the Fellowship Program has the potential to provide the ILC Membership with a rich library of resources, to broaden the influence and presence of the ILC internationally, and to strengthen the programs the ILC plans to run in the future.

The ILC Fellowship program addresses four of the ILC Strategic Plan goals:

- Collaboration: the roles will facilitate collaboration in key areas of focus for the ILC – research, education, policy and practice.
- Global Champions: the roles will raise the profiles of the people appointed under the program, acknowledging them as experts in fundamentals of care in their chosen field.
- Influence: documents, resources and tools will be developed that enhance awareness and understanding of fundamental care and the increase impact of the ILC globally.
- Value: documents, resources and tools will be developed that will assist Members to influence change and promote the value of fundamental care.

Read full article here.





## INTRODUCING OUR INAUGURAL ILC ERIK SORENSEN FOUNDATION FELLOW: DR REBECCA FEO

Dr Feo is a Senior Research Fellow in the College of Nursing and Health Sciences at Flinders University, Australia.

Since beginning work in academia in 2015, Rebecca has achieved national and international recognition for her research on fundamental care. She has led seminal work in this space, including refining the Fundamentals of Care Framework and co-leading the development of the ILC's Fundamentals of Care Leadership Program.

She is particularly passionate about generating evidenceinformed strategies and resources to enhance high-quality patient-provider relationships – a core dimension of the Fundamentals of Care Framework.

Rebecca has collaborated extensively with the ILC, having served as the ILC's Executive Officer from 2015-2021. Since 2023 she has also been a member of the ILC's Strategy and Policy Forum.

We welcome our new partnership with the Queen's Nursing Institute, which is supporting our 2024 ILC Conference with local promotion to their members and the UK nursing community.





## ILC STRATEGIC PLAN

With input from the ILC Strategy & Policy Forum and the Management Committee, we have successfully developed and launched the first ILC Strategic Plan 2023-27.

### **Our Vision**

The ILC Vision is to transform care globally by valuing and prioritising person-centred fundamental care.

#### **Our Mission**

The ILC Mission is to embed person-centred fundamental care in practice globally, through education, research, advocacy, and policy.

We will achieve our Mission by valuing, talking, doing, owning and researching fundamental care.

- Value: Fundamental care must be foundational to all caring activities, systems and institutions.
- Talk: Fundamental care must be explicitly articulated in all caring activities, systems and institutions.
- Do: Fundamental care must be explicitly actioned and evaluated in all caring activities, systems and institutions.
- Own: Fundamental care must be owned by each individual who delivers care, works in a system that is responsible for care, or works in an institution whose mission is to deliver care.
- Research: Fundamental care must undergo systematic and high-quality investigations to generate the evidence needed to inform care practices and shape health systems and education curricula.

You can read the full strategic plan here.









UPPSALA UNIVERSITET



(n) AALBORG UNIVERSITY HOSPITAL

# ILC Organisational Membership

The ILC has a focus on collaboration, and the implementation of Fundamental Care as a priority at an organisational level.

ILC membership demonstrates an organisation's ability to recognise and respond to the imperative need for the Fundamental Care to be expedited globally.

Welcome to our newest organisation members:

Uppsala University (Founding Member) Sweden

Uppsala University Hospital Sweden

Exeter University England

## Queen's Nurses Institute UK

The ILC's member organisations receive international recognition as an innovator in the Fundamentals of Care community.

Interested in engaging your care teams in the global effort to improve quality of care? Contact <u>admin@ilccare.org</u>

