

# Newsletter

December 2024

## 2024 WRAP UP

### ILC CHAIRPERSON - ALISON KITSON



What a fantastic year it has been for the ILC!

We started strongly with the publication of the [Maine Statement](#), derived from our Conference in Portland Maine in 2023. We eagerly disseminated the four action statements as widely as possible and these have been a terrific guide to our policy directions for care internationally.

Our [Regional Networks](#) really swung into gear this year with thought-provoking presentations, networking sessions and inspiration for local action. These networks are open to both Members and non-Members and are a great way for you to introduce newcomers to the ILC and fundamentals of care.

Our [Special Interest Groups \(SIGs\)](#) flourished with robust discussions about how to develop resources to support ILC Members with their practice, research and education innovations for fundamentals of care. I am thrilled with the commitment and energy shown by so many of you to help make these groups work. They have a way to go to be impactful, but they have started promisingly.

Thank you to all the convenors of these various groups. Without you, we couldn't continue to work towards our vision of transforming care globally by valuing and prioritising person-centred fundamental care.

The 2024 ILC Annual International Conference in Oxford was a great success. What a buzz in the room! Keep your eye out for the 2024 Oxford Statement due out soon and book your tickets for the [2025 Conference in Genoa](#).

The ILC Leadership and Mentoring Program (LAMP) was run twice in 2024 in Oxford UK, and Nelson New Zealand. We now have 180 people globally who have attended the ILC LAMP and because of this we have heard incredible stories of our members implementing change to prioritise person-centered fundamental care all over the globe. In 2025 we will be running the LAMP in - [Canada](#), [Italy](#), and Australia (location TBC).

We are well on our way to creating thousands of fundamental care champions who will transform care practice, education and policy everywhere.

Our Founding Partners and Organisational Members have grown and our Strategy & Policy Forum is working well towards our goals. The Management Committee has been steadfast and strong in supporting me and our small, but incredibly productive and efficient, ILC Support Team.

Thank you to everyone who has helped make the ILC a global force to improve care. I am indebted to you all as we collaborate to value, talk, do, own and research fundamental care.

## ILC 2024 Highlights

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**194 attendees at the  
ILC International  
Conference in Oxford  
UK**

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**22 Organisations on  
board as Members**

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**180  
participants in the  
Leadership & Mentoring  
Program**

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**34  
Special Interest Group  
Meetings**

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**12 Regional Network  
Meetings**

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# 2025 ILC ANNUAL CONFERENCE - ITALY

Earlybird tickets for the conference are on sale until 28 February 2025.

## **ILC 2025 Annual International Conference**

**Dates:** 16 & 17 June, 2025

**Location:** Genoa, Italy

**[TICKETS HERE](#)**

The theme for the 2025 conference is:

**Global Collaboration, Local Action for Fundamentals of Care Innovation**

**The International Movement for Nursing and Allied Health Leadership and Patient Advocacy**

The upcoming 2025 ILC Annual International Conference will shine a light on the effective collaborations fostered through the ILC's global advocacy and network. By engaging with and learning from their international peers, nurses and allied health professionals gain the strength and inspiration needed to lead and innovate in care delivery. Their local actions are vital, not only in improving patient outcomes but also in boosting the morale and well-being of healthcare professionals.



## REGIONAL NETWORKS

The dates for the 2025 Regional Networks can be found via the link below:

- [Asia / Pacific](#)
- [Americas \(North & South\)](#)
- [Europe, Africa, Middle East](#)

If you would like to receive reminders, make sure you have selected your network when [logged into](#) the ILC site under 'Networks & Groups'.

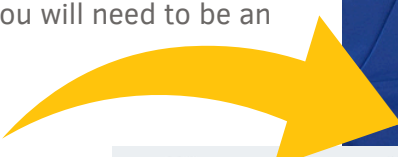
## SPECIAL INTEREST GROUPS

ILC special interest groups (SIGS) provide a mechanism to bring together ILC members with a particular interest in fundamental care in research, education or practice. These groups meet virtually 4x per year and will be developing tools and resources in collaboration with our ILC Erik Sorensen Fellows and colleagues across the globe.

To join a SIG, [log into your ILC account](#), and navigate to the 'Networks & Groups' page. These groups are ILC member only. You will need to be an active ILC member to join.

The next SIG meetings are:

- Clinical Practice - 3/4 & 5 March
- Research - 1 & 2 April
- Education - 25/24 & 26 March

**Networks and Groups**

Special Interest Groups

[Special Interest Groups are open to ILC active members.](#)

Special interest groups meet quarterly. Please indicate below whether you would like to join one or more special interest groups.

**Areas of Interest**

☒ Research

☐ Education

☐ Clinical Practice

[Save](#)





## Introduction to the Fundamentals of Care - Webinar

Recently Dr Rebecca Feo ran a webinar to provide a comprehensive introduction to the Fundamentals of Care Framework.

The webinar gave an overview of the Framework and demonstrated how it offers an innovative approach to understanding and delivering fundamental care.

[This webinar is now available to watch for ILC Members.](#) You must be logged into the site and have an active membership to access this content.

## Digital FoC Assessment Tools Now Available LAMP Alumni Exclusive Access

Alumni of the ILC Fundamentals of Care Leadership and Mentoring Program (LAMP) now can access digital versions of two Flinders University-developed tools.

The Flinders Fundamentals of Care Assessment Tool for Clinical Practice and the Flinders Fundamentals of Care Leadership Reflection Tool support LAMP participants in identifying areas of strength and areas for growth in relation to fundamental care. These practical tools are exclusive to the ILC's LAMP and are now available on the ILC website.

The tools were developed by Flinders University researcher and inaugural ILC Erik Elgaard Sorensen Foundation Fellow, Dr Rebecca Feo. The Flinders Fundamentals of Care Assessment Tool for Clinical Practice enables healthcare leaders and clinicians to assess fundamental care delivery within their clinical context at multiple levels – individual, team, unit/ward, or organisational. The tool helps to identify priority areas for improvement in relation to fundamental care delivery, informing decision-making and planning efforts.

The Flinders Fundamentals of Care Leadership Reflection Tool supports current and emerging healthcare leaders to identify their skills, confidence, and competence in their leadership for fundamental care. By using the tool, current and emerging leaders can identify areas for leadership growth and areas of leadership strength, supporting their continued professional development. The tool is based on the ILC's Aalborg statement and its value propositions of Value, Talk, Do, Own, and Research.

Digitising the tools has helped to create a more practical, user-friendly experience for LAMP participants. The tools are available for LAMP participants as part of an exclusive licensing agreement between Flinders University and the ILC, showcasing the impact of the collaborative relationships between the ILC and its Founding Partners.

## A Bi-Cultural Multidisciplinary Approach to Achieving Excellence in Care for Indigenous Māori: Report From the Wānanga, Auckland, 2023

*First published Journal of Advanced Nursing, 2024; 0:1–11*

*Bobbie-Jo Pene, Cathleen Aspinall, Sharon S. Deo, Denise Wilson, Jenny M. Parr*

*In October 2023, around 50 healthcare professionals and Māori leaders from across Aotearoa, New Zealand, attended a wānanga, an Indigenous Māori approach for sharing knowledge and engaging in in-depth discussion and deliberation.*

*Attendees understood the origins of the Fundamentals of Care framework and how it translates to practice. The depth and breadth of meaning when referring to Māori values and practices adds a layer of complexity when attempting to align Māori worldviews with the Fundamentals of Care framework. A key outcome of the day was a call for tāngata Tiriti (people of the Treaty—non-Māori) to continue to work in partnership with tāngata whenua (people of the land—Māori) to explore how the Fundamentals of Care framework could be used with a mode of practice that emphasises Māori values and practices such as whakawhanaungatanga (establishing relationships) and manaakitanga (showing respect, generosity and care for others).*

[Read the full article here.](#)



Engage nurses and place patients at the center of our care.



By ILC Members: Susan Mace Weeks, DNP, RN, CNS, FNAP, FAAN, and Devin Carr, DNP, RN, RRT, ACNS-BC, NEA-BC, CPPS

If we define nursing as the science and art of promoting positive human responses to health and illness, at the core of our profession sits the ability to develop a relationship with those for whom we care. Building on that relationship, nurses integrate the physical and psychosocial aspects of care via a series of relational activities influenced by the patient's level of dependence–independence in performing self-care. However, care delivery occurs within a larger context at both the system and the policy level. System design and healthcare policy can either support or impede care delivery. [READ MORE](#)



INTERNATIONAL  
LEARNING  
COLLABORATIVE

## Fundamentals of Care

## Leadership & Mentoring Program

INTENSIVE WORKSHOP  
GENOA, ITALY  
19 - 21 JUNE 2025

**Start your 12-month fundamentals of care leadership and mentoring program with international experts.**

The ILC's Fundamentals of Care Leadership and Mentoring Program (LAMP) begins with an intensive 3-day workshop, followed by 12 months of mentoring. The program will empower you to challenge and change how fundamentals of care is valued, prioritised, and actioned within your organisation, by building your care leadership skills.

**[Register Now](#)**



*'This program completely exceeded my expectations. I thought I knew a bit about the fundamentals of care and framework, but it allowed me to better immerse myself and my work into truly appreciating the framework and what it represents. The tools we had were practical, easy to use, value-added. I loved how the room was a mixture of the students, mentors and faculty at each table as it really gave a nice balance as part of the discussion. The mentors and faculty were extremely supportive and welcoming, and made you feel like your perspective and ideas were validated. They felt like your own cheerleading squad! This was an inspiring program to be part of us and I cannot recommend more highly that people should be part of it. I am pleased to hear that this continues with our ongoing mentorship in the coming year!'*

*Quote from one of our participants*



## Upcoming ILC Events

**January 28 & 29:** Strategy & Policy Forum (Member Only)

**February 3- 5:** FoC Leadership & Mentoring Program -  
Toronto, Canada- [TICKETS](#)

**February 13:** Americas Regional Network Meeting [RSVP](#)

**February 25:** Asia / Pacific Regional Network Meeting  
[RSVP](#)

**February 26:** Europe / Africa / Middle East Regional  
Network Meeting [RSVP](#)

**February 28:** ILC Conference Earlybird [Ticket Sales](#) Close

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## ILC FOUNDING PARTNERS



## ILC Organisational Membership

The ILC has a focus on collaboration, and the implementation of Fundamental Care as a priority at an organisational level.

ILC membership demonstrates an organisation's ability to recognise and respond to the imperative need for the Fundamental Care to be expedited globally.

Thank you to our newest organisational members:

**Health New Zealand**  
Te Whatu Ora

**QEII Hospital**  
Queensland, Australia

**Oceania Healthcare**  
New Zealand

The ILC's member organisations receive international recognition as an innovator in the Fundamentals of Care community.

Interested in engaging your care teams in the global effort to improve quality of care?

Contact [admin@ilccare.org](mailto:admin@ilccare.org)

