



Pedagogical quality improvement project: The Swedish Book Circle

Research update from Associate Professor Åsa Muntlin, Project Leader, Associate Professor and CNS, Department of Medical Sciences, Uppsala University, Sweden

During 2021 educators from Uppsala University received university funding for a pedagogical quality improvement project for collaboration to bridge the so-called theory to practice gap.

Eighteen educators representing a range of post-graduate nursing program specialties, such as emergency care, surgical care, intensive care, anaesthesia care, primary health care, mental health care and oncology care participated in this project. The majority of the educators are also researchers and working within the clinical context, leading to a large focus on the applicability of theory in clinical practice. Also, some of the educators are working in the under-graduate nursing program. The quality

improvement project was outlined as a book circle to be conducted within three smaller groups of educators. All participants read the Swedish textbook about Fundamentals of Care and meet during three different occasions to discuss the content of the textbook and their reflections.



The pedagogical project was completed as a workshop at Krusenberg mansion in May 2022. We spent two half-days to continue the discussions and to develop interventions to be used within the post-graduate nursing program based on the discussions within the book circle and the workshop. A range of Fundamentals of Care interventions to be used within the education will be further elaborated and tested during 2022-23. We are looking forward to positive outcomes and possibilities to disseminate these interventions in the near future.



This project/ collaboration spans over three different departments at the University; Department of Medical Sciences, Department of Surgical Sciences and Department of Public Health and Caring Sciences. It's also important to show that the purpose with this project is also to encourage collaboration between departments at Uppsala University. The final workshop was lead by Åsa Muntlin and Eva Jangland.



NEW ILC Resource: Professor David Richards: The COVID NURSE trial

Now available on the ILC website, [The COVID NURSE trial](#): experiences of a randomised controlled trial evaluating the effects of a fundamental care guideline for patients in hospital with COVID-19.

Synopsis: this presentation includes data and reflections on the experiences of nurses – researchers and clinicians – and patients involved in the COVID NURSE clinical trial of fundamental care.

ONLY ONE MONTH TO GO! Register today for the ILC 2022 Conference

The ILC Conference FULL Program is now available on the ILC website.

The program provides details on our Keynote, Plenary Abstract Presenters, including biographies and topic synopses, plus a host of additional information.

We are delighted that the majority of our speakers will be presenting live in Oxford, creating an engaging schedule. Our virtual speakers will also be presenting live plus Q&A

sessions and interaction.

The conference sessions will be recorded as we know the international time zones will make it a challenge for attendance at all virtual sessions.

The ILC will generate a position statement to influence the strategic direction for the future of Fundamental Care. The Oxford Statement will be published after the conference.

Register TODAY for the ILC 2022 Annual International Conference.



2022 International Nurses Day Theme:
Nurses: A Voice to Lead – Invest in Nursing and respect rights to secure global health



ILC Organisational Memberships: Bring your team together on Fundamental Care



In 2022 the ILC is creating an opportunity for organisations to unite their team and focus on the Fundamentals of Care by offering ILC Organisational Memberships.

An ILC Organisational Membership can be tailored to the needs and size of your organisation, offering solutions for 10, 20, 50, 100 and more individuals to join the ILC and enjoy the benefits of being an ILC team membership.

Recently Sandwell and West Birmingham NHS Trust worked with the ILC to create a unique ILC Organisational Membership for 100 team members.

The organisation spoke to us about their motivations for becoming an ILC Organisational Member:

Sandwell and West Birmingham NHS Trust is an integrated care organisation situated in the heart of England.

We are dedicated to improving the lives of local people, to maintaining an outstanding reputation for teaching and education, and to embedding innovation and research.

We employ over 7,000 people and spend over £600m of public money, largely drawn from our local Clinical Commissioning Group. That Group and this Trust is responsible for the care of 530,000 local people from across North-West Birmingham and all the towns within Sandwell.

The pressure of dealing with COVID-19 over the last two years has been particularly challenging for our colleagues. As we now start to put measures in place to live with COVID-19, it is a perfect opportunity to get back to basics in terms of the care that we provide - this is where the International Learning Collaborative (ILC) comes in.

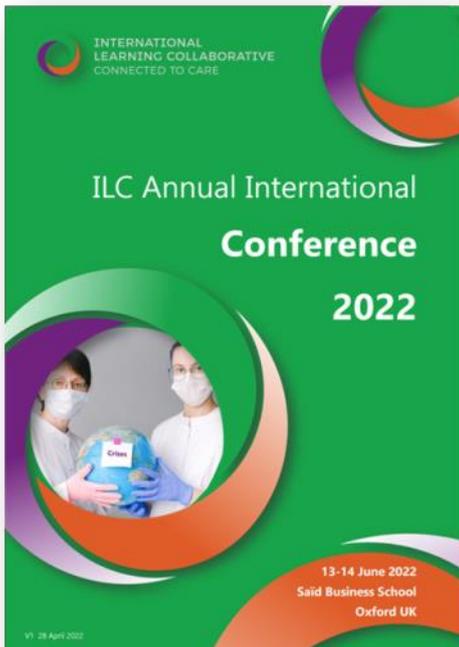
Following numerous hours of research looking for a partner to help us deliver this crucial piece of work, our Chief Nursing Officer, Mel Roberts and her team decided that the ILC programme had the methodology our organisation required.

She said: "Our organisation wants to approach fundamental care differently with a focus not just on nursing but the involvement of all professions working in a clinical setting - exactly as offered by ILC. As members of ILC we will have access to experts who will go through this journey with us and help us to evaluate our work.

"We are delighted to be embarking in this important partnership with ILC and leading the way for healthcare organisations in England."



**Sandwell and
West Birmingham**
NHS Trust



Register NOW for the ILC 2022 Annual International Conference

Virtual Registration

ILC Members: only \$175AU

ILC Student Members: only \$125AU

View the full [ILC 2022 Conference program](#) of our outstanding speakers for more information.



ILC Pets: Sylvie Rey's sled dogs



My 2010 team: my dear Fudge (the little black non-Nordic dog), Canaille, Maya, Nikan, Agette and Moka. Picture by Mathieu Crusener.

My partner Jacques and I have lived with sled dogs for twenty years. Our winter fun has always been to do daily strolls with them in the wooded surroundings of our house. We also used to do some expeditions, leaving with our teams for two or three weeks for different northern areas in the province of Quebec (Canada). There were great projects as we left with all the needed materials: food for 14 to 19 dogs and their two humans, tent, sleds, wood-burning stove, hatchet, and even a rifle. We had up to 19 dogs. Now we have six left, aged between 15 and nine years old. Our last winter was quieter, enjoying our time together as a team. We also have two "house dogs": 2.5-year-old Australian shepherds. Our best expeditions have been in Uapishka (meaning "white peaks" in Innu language) – Groulx Mounts (Province of Quebec, Canada). During non-winter seasons, our sled dogs live freely, without being tied down, in a big park next to our home where they can play and rest. Cheers from Sylvie Rey, ILC Member, Canada

Send your ILC Pet Story and image to admin@ILCcare.org

ILC Founding Partners

