



Creating a network to further the Fundamentals of Care in Denmark

Ingrid Poulsen and Tove Lindhardt Damsgaard, members of the Danish National Fundamentals of Care Network, talk about their experiences in being a part of a FoC network.

The Danish Fundamentals of Care Network was Initiated in 2019 at the ILC Conference in Aalborg Denmark by Erik Elgaard Sørensen, Tove Lindhardt and Ingrid Poulsen, and the first meeting was held in Copenhagen June 11-13, 2019.

The number of members is 150 and still increasing. The members represent clinical practice, education, leadership, and research. The aim of the network is to be a driving force in the dissemination of knowledge and

implementation of FoC in Denmark. The vision is that FoC is an established and accepted frame for clinical practice, education, leadership and research within the next 5 years. The mission is to create a platform and a forum for collaboration on FoC nationally and internationally. The steering group for the network is responsible for coordinating four working groups (clinical practice, education, leadership, and research) and arrange two yearly seminars. All nurses can be members.

The first mutual activity for the steering group was to write a recommendation paper addressing the current critical shortage of RNs in Denmark as well as suggesting a patient-safe solution. The recommendation paper is a reaction to the haphazard solutions suggested by hospital administrators, healthcare leaders and professionals, not to mention the public and political debate concerning this.

The recommendation paper builds on the evidence-based arguments for why, and how RNs' role and function should be close to patients' care for the sake of patients' safety.

The recommendation paper was

February 7th, 2022 sent to national decision-makers including the Prime Minister, Ministry of Health, National Board of Health, Regional politicians and CEOs, nurse managers at all levels, the Danish Nurses Organization (DNO) (trade-union) and as a press release.

This has resulted in an overwhelming number of invitations to talks for nursing staffs nationwide on the topic of FoC and patient-safe nursing, as well as participation in national political meetings, webinars, etc.

The recommendation paper concluded:

The nurse is deployed where patients need to be assessed, evaluated and where decisions about treatment and care are made.

This means that:

- All patients must be seen by a nurse in each shift, and some must be seen many times depending on the patient's condition
- Although certain tasks - such as mobilization, serving meals, personal hygiene - are handled by other professional groups, it must be done in close collaboration with a nurse, who must be responsible for nursing care.

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Get your organisation on board with an ILC Organisational Membership

The ILC is now offering group ILC Organisational Memberships as well as individual ILC Memberships.

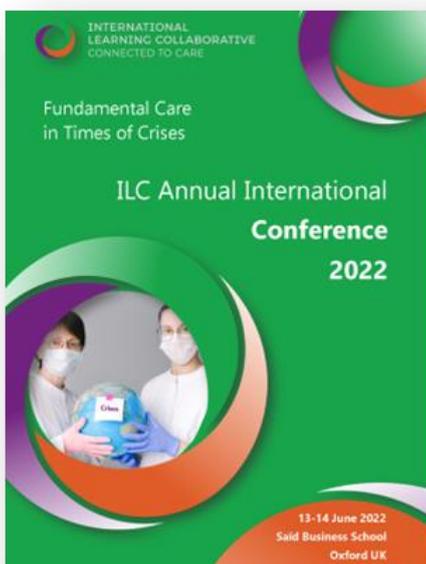
We've heard from members that they would like to get colleagues on board to progress the research

and implementation of Fundamental Care in their workplace. Engaging your team with the International Learning Collaborative provides opportunities for collaboration and sharing your FoC work with

a global invested audience. [Contact the ILC Team](#) for a dedicated proposal designed to meet the specific needs of your team and demonstrate your organisation's dedication to championing FoC.

Planning is underway for the
ILC 2023 Annual International Conference
to be held in Maine, US, and virtually in June 2023.
[Register your interest today to assist us in planning an outstanding event!](#)

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All Keynote, Plenary and Abstract speakers presentations have been uploaded individually.

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If you weren't able to attend this inspiring event and would like to [access the ILC 2022 Conference Presentations](#), you can do so by registering for a 'Ticket' on the ILC website and the ILC Support team will provide you with access to these.

For information on the conference speakers access the ILC Conference FULL Program.



Engaging with consumer and clinician stakeholders



Anne Mette Adams, the inaugural Flinders University Australian Erik Elgaard Sørensen Scholar in Australia, has recently published a [paper](#) providing practical guidance for how diverse groups of stakeholders can be engaged in research exploring aspects of fundamental care. Current evidence indicates stakeholder engagement is often either done poorly or not at all. Failure to engage with relevant stakeholder groups may result in inadequately addressing existing needs and contribute to difficulties when trying to implement research findings.

Mette's PhD is focused on developing a clinical practice guideline for non-pharmacological approaches for agitation in the intensive care unit. These approaches incorporate many aspects of fundamental care, including developing trusting relationships, integrating physical, psychosocial and relational care needs and recognising the influence of the critical care context.

The paper describes how successful stakeholder engagement largely depends on thoughtful

planning. Seven critical steps for stakeholder engagement are outlined. The steps include being clear about the project aim, identifying relevant stakeholders and exploring how and where to find them, considering ethical issues and if ethical approval is required, planning for how to engage with the stakeholders, maintaining the trustworthiness and integrity of the project, and finally evaluating the outcomes.

Importantly, the paper finds consultation with diverse stakeholder groups is feasible and relies on prior planning, awareness of the steps required, and ensuring effective and ethical processes.

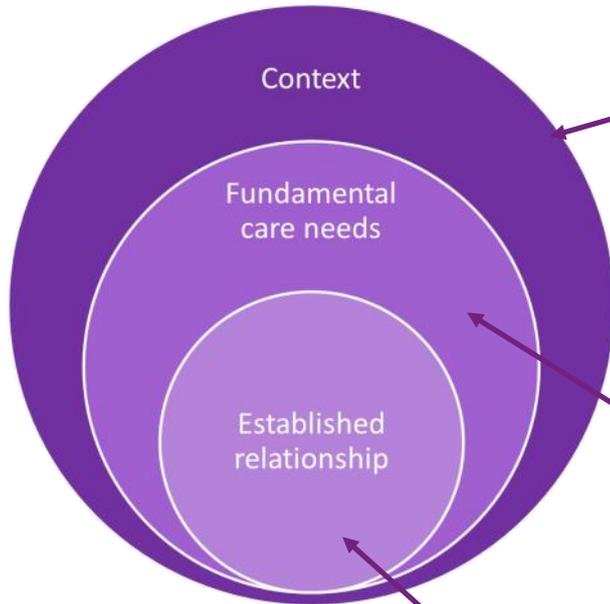
Anne Mette concludes, "We want to thank all the stakeholders who were involved. Their input has helped us ensure the guidance for practice addresses patients' fundamental care needs".

Reference: Adams, ANM, Chamberlain, D, Brun Thorup, C, Gronkjaer M, Conroy, T 2022, Ethical and feasible stakeholder engagement in guideline development, Collegian, in press; <https://doi.org/10.1016/j.colegn.2022.08.003>

Submit your FoC article to the ILC Newsletter to the ILC Team



FoC is relevant for everyone - including your pets!



- Everyday walks in a safe, healthy and interesting environment (the forest)
- Told about rules and routines
- The human is my leader

- My bowl is filled with new fresh water everyday
- I'm a bit picky with food – but given high-quality food
- Receive a lot of treats to get my appetite going
- Receive a lot of hugs and kisses
- Walks and play with my dog friends at the dog 'kindergarten'

- My best friend is my carer:
 - ◊ Working on everyday basis to establish trust, being present, anticipating my needs, gain knowledge about me and my breed, and she reflects and evaluates our relationship!



The Fundamentals of Care framework from the perspective of a Kerry Blue Terrier from ILC Member Åsa Muntlin—who aims to bring FoC in to all areas of her life!

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